

MARTIN SEDEK

# REACH

for SATB chorus and piano

Please only use this score to create your recording. Please don't make photocopies.  
Most importantly, THANK YOU, for participating in this wonderful initiative!

Sincerely,

A handwritten signature in black ink, appearing to read 'M. Sedek', located below the word 'Sincerely,'.

## Pandemic

What if you thought of it  
as the Jews consider the Sabbath—  
the most sacred of times?  
Cease from travel.  
Cease from buying and selling.  
Give up, just for now,  
on trying to make the world  
different than it is.  
Sing. Pray. Touch only those  
to whom you commit your life.  
Center down.

And when your body has become still,  
reach out with your heart.  
Know that we are connected  
in ways that are terrifying and beautiful.  
(You could hardly deny it now.)  
Know that our lives  
are in one another's hands.  
(Surely, that has come clear.)  
Do not reach out your hands.  
Reach out your heart.  
Reach out your words.  
Reach out all the tendrils  
of compassion that move, invisibly,  
where we cannot touch.

Promise this world your love--  
for better or for worse,  
in sickness and in health,  
so long as we all shall live.

--Lynn Ungar 3/11/20

[lynnungar.com](http://lynnungar.com)

for instructions and to download your piano part  
and click track, visit  
[www.martinsedek.com/reach](http://www.martinsedek.com/reach)

Commissioned by and Dedicated to Dr. Chris Shepard and CONCORA (Connecticut Choral Artists)

# REACH

"PANDEMIC" by  
LYNN UNGAR

MARTIN SEDEK

**Largo** ♩ = 58

SOPRANO

ALTO

Piano

*p*

What

*p*

...if

5

S.

A.

T.

B.

Pno.

*mp* *p* *mp*

if you thought of it as the Jews con -

you thought of it as the Jews con -

...you thought of it as the Jews con -

...if you thought of it as the Jews con -

*p* *mp* *p* *mp*

S. sid - er the Sab - bath, the most sac - red of times? \_\_\_\_\_

A. sid - er the Sab - bath, the most sac - red of times? \_\_\_\_\_

T. sid - er the Sab - bath, the most sac - red of times? \_\_\_\_\_

B. sid - er the Sab - bath, the most sac - red of times? \_\_\_\_\_

Pno.

**A**

S. *mp* Cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, from sell - ing,

A. *mp* Cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, \_\_\_\_\_

T. *mp* Cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, \_\_\_\_\_ cease, \_\_\_\_\_

B. *mf espr.* from trav - el, from buy - ing, from sell - ing,

Pno.

19 *poco a poco cresc.* *f* *n.b.*

S. cease, cease, cease, cease,

A. *poco a poco cresc.* *f* *n.b.*  
cease, from trav-el, cease, from buy-ing, cease, from sell-ing, cease,

T. *poco a poco cresc.* *f* *n.b.*  
cease from trav-el, cease from buy-ing, cease from sell-ing, cease,

B. *poco a poco cresc.* *f* *n.b.*  
cease, cease, cease, cease,

Pno. *f espr.*

23 *mp* *poco rit.* *mp*

S. Give up just for now, on try-ing to make the world dif-frent than it is.\_\_\_\_

A. *mp* *mp*  
Give up just for now, on try-ing to make the world dif-frent than it is.\_\_\_\_

T. *mp* *mp*  
Give up just for now, on try-ing to make the world dif-frent than it is.\_\_\_\_

B. *mp* *mp*  
Give up, just for now, on try-ing to make the world dif-frent than it is.\_\_\_\_

Pno. *mp* *p* *mp* *p* *poco rit.*

**B** A tempo

28

S. *p* sing, pray, pray, touch

A. *p* pray, sing, sing, pray, touch

T. *p* sing, pray, pray, touch

B. *p* touch

**B** A tempo

Pno. *p*

33

S. *mp > p* on-ly those to whom you com - mit your life.

A. *mp > p* on-ly those to whom you com - mit your life.

T. *mp > p* on-ly those to whom you com - mit your life.

B. *mp > p* on-ly those to whom you com - mit your life.

Pno. *p*

37

S. Cen - ter down. and when your bod - y has be - come

A. Cen - ter down. and when your bod - y has be - come

T. Cen - ter down. [n] \_\_\_\_\_

B. Cen - ter down. [n] \_\_\_\_\_

Pno. *pp*

41

*Piu mosso* ♩ = 72

S. still, reach out with your heart. we are con -

A. still, reach out with your heart. Know that we are con -

T. *a n.* Know that we we,

B. *a n.* Know that we, we,

*Piu mosso* ♩ = 72

Pno. *mf*

44

S. *f*  
ec - ted, we are con - nec - ted in ways that are ter - ri - fy - ing and

A. *f*  
ec - ted, we are con - ec - ted in ways that are ter - ri - fy - ing and

T. *f*  
— Know that we are con - nec - ted in ways that are ter - ri - fy - ing and

B. *f*  
— Know that we are con - nec - ted in ways that are ter - ri - fy - ing and

Pno. *f*

47

S. *p sub.*  
beau - ti ful (You can hard - ly de - ny it now)

A. *p sub.*  
beau - ti - ful (You can hard - ly de - ny it now)

T. *p sub.* *poco*  
beau - ti ful (You can hard - ly de - ny it now)

B. *p sub.*  
beau - ti ful (You can hard - ly de - ny it now)

Pno. *mp*



50



S. *p* *3*  
 (Sure - ly that has be - come clear)

A. *p* *3*  
 (Sure - ly that has be - come clear)

T. *pp*  
 —

B. *mp*  
 Know that our lives are in one a - noth - er's hands, —



Pno. *mp*

53

S. —

A. *mp*  
 Reach — out your heart, —

T. *mp*  
 Do not reach out your hands, reach out your heart. —

B. *mp*  
 Do not reach out your hands, reach out your heart. — Reach —

Pno. *mp*

56

S. *mf*  
Reach out your heart, reach, reach

A. *mf*  
reach out your words, reach out your heart, reach

T. *mp* *mf*  
Reach out your heart, reach out your words, reach

B. *mf*  
out your heart, reach out your words,

Pno. *poco* *a* *poco* *cresc.*

59

S. *f*  
out all the ten - drils of com - pas - sion that move in -

A. *f*  
out all the ten - drils of com - pas - sion that move in -

T. *f*  
out your heart, all the ten - drils of com - pas - sion that move in -

B. *f*  
Reach out all the ten - drils of com - pas - sion that move in -

Pno. *molto* *cresc.*

62 *ff* *rit.* *mp* 11

S. *ff* *rit.* *mp*  
vis - ib - ly, Reach where we can - not touch.

A. *ff* *mp*  
vis - ib - ly, Reach where we can - not touch.

T. *ff* *p*  
vis - ib - ly, Reach, reach,

B. *ff* *p*  
vis - ib - ly, Reach reach,

Pno. *ff* *mf* *p* *rit.*

**D**

65 **Tempo primo (Largo ♩ = 58)**

T. *pp*  
Pro - mise,

B. *pp*  
this world

**D**

**Tempo primo (Largo ♩ = 58)**

Pno. *pp*

69

S. *pp* your love, \_\_\_\_\_ *mp* in

A. *pp* your love, \_\_\_\_\_ *p* for bet - ter, for worse, \_\_\_\_\_ *mp* in

T. \_\_\_\_\_ *p* pro - mise, \_\_\_\_\_ for bet - ter, for worse, \_\_\_\_\_ *mp* in

B. \_\_\_\_\_ your love, for bet - ter, for worse, \_\_\_\_\_ *mp* in

Pno.

75

S. *poco* *pp* sick-ness, in health, so long as we all shall live. \_\_\_\_\_

A. *poco* *pp* sick-ness, in health, so long as we all shall live. \_\_\_\_\_

T. *poco* *pp* sick-ness, in health, so long as we all shall live. \_\_\_\_\_

B. *poco* *pp* sick-ness, in health, so long as we all shall live. \_\_\_\_\_

Pno.